

Refugio JG Program

Assistant Duty Statement

To become an Assistant, you must attend and successfully complete Assistant training. JG Assistant training is a competitive training program and to be held the Friday before the start of the 1st session from 10am to 3pm at the Refugio State Beach Education Center.

The training is meant to provide candidates with the skills necessary to function as a JG Program Assistant. A standard day includes running, swimming and paddling events, First Aid and Lifesaving skills lectures and activities, leadership training, and more. Students should be prepared for a rigorous day and should bring a large lunch, lots of water, sunscreen, a towel, a change of clothes, a notebook and pen, and of course, a positive attitude!

Desired Qualifications for Assistants:

- First Aid, CPR, lifesaving and/or other emergency services training / certifications
- Be available during the operating hours of the Refugio JG program
- Ocean experience relating to the position (surfing, swimming, SCUBA, etc.)
- Be a mentor and role model for Junior Lifeguards
- Show appropriate respect for yourself and others
- Follow directions in a timely manner
- Be responsive to constructive criticism, including instructor evaluations
- Communicate concerns promptly to Instructors and Supervisors
- Wear a clean, appropriate uniform daily (Assistants wear black trunks or suits)
- Conduct themselves in a manner which reflects positively on the JG Program and the California State Parks

Typical Duties:

Instruction & Interpretation

Helps implement daily lesson plans in accordance with JG program mission and objectives. Works with program participants & instructors in the accomplishment of set goals. Strives to ensure that the JG program interprets aquatic safety for all participants through participation, education, and learning.

Leadership

Through leadership, coaching, training, educating, and directing of JG program participants, the Assistant will be responsible for helping to build a high-[performance, team-based age group that will provide for the health, inspiration, and education of the participants. The Assistant's primary role in this area is to lead by providing a superior example of behavior, sportsmanship, and ability.

Maintenance

Assists the JG program staff by setting up and breaking down program equipment, transporting equipment to the beach (no driving), and maintaining facilities as needed. Will also become familiar with day to day maintenance of rescue equipment, facilities, and other equipment as necessary in the function of the JG program.

Aquatic Safety

Assists the JG program staff by helping to safeguard the lives of swimmers, surfers, paddlers, etc. during the program's aquatic activities. May be called to assist in the actual rescuing of participants and/or members of the general public.

First Aid

Assistants may be called upon to help render emergency first aid to injured/ill JG program participants and members of the general public in accordance with their level of medical training and experience.

Other

Other duties as assigned.